



# ALTERNATIVES 2007

Spanning the Recovery Movement:  
Consumer Control & Choice

St. Louis, Missouri | October 10-14, 2007

## **Saturday, October 13, 2007**

**Registration Open** 7:30 a.m. – 5:00 p.m.

**Exhibits/Art Display Room Open** 10:00 a.m. – 3:30 p.m.

**Breakfast/Plenary Panel** 7:30 a.m. – 10:00 a.m.

**Sexual/Gender Minority Issues  
Plenary/Panel** 8:30 a.m. – 10:00 a.m.

Presenters: Mark Davis, Traci Murray, Nicholas Love, Aubrey Ellen Shomo, Ellen Pendegar, Peter Byrd

**Workshops: 10:30 a.m. – 11:45 a.m.**

### ***Topic Area: Advocacy and Activism***

**Trauma Survivors Organize**

Presenter: Amy Upham

**Making Your Voice Heard: Communicating Your Message Through the Media**

Presenter: Susan Rogers

### ***Topic Area: Recovery and Relationships***

**Training Recovery Partners in Churches**

Presenters: Osmond Jones, Lisa Goodale

**From Madness to Motherhood: One Woman's Journey**

Presenter: Mickie McDowell

**Our Wound Becomes Our Gift: Using Our Experience with Mental Illness to Be Better Advocates and Providers and to Guide Us in Transforming Our Mental Health Systems**

Presenters: Alysa Solomon, Christopher Camilleri

### ***Topic Area: Beyond Illness***

**Training the Mind, Opening the Heart: Mindfulness Meditation as a Tool for Recovery**

Presenters: Leah Harris, Can Truong

**Healing from Loss: Activities for Power, Purpose & Connection**

Presenters: Susan Murphy, Lori Davidson

### ***Topic Area: Systems Transformation***

**Achieving Recovery: Peer-Run Programs That Leave No One Behind**

Presenter: Joseph Rogers

**Statewide Systems Transformation Through Peer Specialists**

Presenters: Betsy Kidwell, Matthew Federici

**Falling Through the Cracks: Youth Mental Health System Strategies**

Presenter: Ty Smith

**Plenary/Luncheon: 12:00 p.m. – 1:30 p.m.**

**Suicide Plenary Luncheon**

Presenters: Eduardo Vega, Leah Harris, Heidi Bryant, Alison Malmon, Can Troung

**Institutes: 2:00 p.m. – 5:00 p.m.**

***Topic Area: Advocacy and Activism***

**Falling Through the Cracks: Self-Advocacy for Adults and Children**

Presenters: Sharon Cunningham, Dr. Jane Adams, Eunice Alexander

**Gaining a Voice and a Place at the Table: Thirty-Five Years of Advocacy and Activism**

Presenters: Dan Fisher, Joseph Rogers, Sally Zinman, Lauren Spiro

**From Recovery to Wellness**

Presenter: Pat Risser

***Topic Area: Recovery and Relationships***

**The Initial Direction Questionnaire: Referrals to Self-Help Programs**

Presenter: John Salter

***Topic Area: Beyond Illness***

**Keys to Creating and Selling Professional Art**

Presenter: Jerome Lawrence

***Topic Area: Systems Transformation***

**Motivational Interviewing and the Recovery Conversation: Helping Peers Build Motivation for Recovery**

Presenter: Eduardo Vega

***Topic Area: Community Leveraging***

**World Café: Using Dialogue to Create a Unified Voice**

Presenters: Ann Rider, Rosa Navarro

***Topic Area: Talking About Trauma***

**Successful Peer-Run Crisis Alternatives**

Presenters: Lenora Kimball, Steve Miccio

**A Look at Trauma in Partnership with the Trauma Knowledge Utilization Project (T/KUP)**

Presenters: Jacki McKinney, Susan Mockus

**Retraumatization and Mutual Support**

Presenters: Andrew Phelps, Rosemary Carney, Syl Plowright, Pat Risser, Robert Sprague

**Dinner on Your Own**

**Open Mic Night/Ice Cream Social: 8:30 p.m. – 10:00 p.m.**